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Human and Animal

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How Tuned in Are You to Your Pet's Fitness?

Animal Chiropractic has becoming more and more popular as a healthy, drug free choice for pet owners.

Pet owners often only get active in their pet's care when they see a severe limitation in the pet's ability to climb stairs, run around in the park or even complete what was a usual walk. Some earlier signs, if watched for, might have been less playfulness, shorter walk times, more sleep, less jumping up or no jumping up on surfaces, to name a few.

The role of the animal chiropractor is to check the spine and other joints of the pet for subluxations, or minor misalignments of bones that might be irritating nerves.

What this means for your pet can be a range between very mild to severe PAIN. Sometimes the pet will only experience pain when you even lightly touch the area and other times the spine might hurt constantly, at rest or with movement.

Pets will compensate and you might notice abnormal gait, with a sway, a limp off a limb, stiffness, or even a refusal to participate in a task. In long term, subluxations could lead to arthritis, muscle atrophy or shrinking, a shortened stride or eventual partial weakness or paralysis. Most people attribute these observations in their pet to aging, rough playing, accidents and traumas and eventually might medicate their pet.

Fortunately, animal chiropractic, a safe and natural therapy, often might solve these problems in a very short time, with no pain or discomfort to the pet. Within a few weeks the pet might change its gait, behavior and general playfulness. Animal chiropractors have been trained and certified on animals and are experts in diagnosing chiropractic problems through observation and palpation methods.

After chiropractic treatment, you might notice your pet not squirming when you put on a collar, it might sit differently without its legs to one side. The dipping head, hollowing back or tucking tail might change or disappear. Also, you might see changes in co-ordination.

Overall, when your pet is more flexible and out of pain, it might jump again, go up and down the stairs, and show signs of activity that you might have thought were over. Best of all, look for a changed expression on your pet's face that shows happiness and appreciation.

If any of these conditions reminds you of your pet, try Animal Chiropractic. It is safe, gentle and gets great results.

Dr. Judy Rosenberg Ben-Israel is a human and animal chiropractor privately practicing in Toronto for over 30 years. www.chiroPets.com